



Wearing a face mask with a CI

The best way to keep cochlear implants secure when wearing a mask is to put the mask on first and the cochlear implant(s) second.

Make sure to remove the CI first and the mask second to avoid the CI falling off.



Masks with ties

Make sure to tie high up on the head and low on the neck. When removing the mask, untie the bottom first then the top to avoid knocking your cochlear implants off the head.



Masks with ear loops

Consider a mask extender as pictured. Extenders connect the mask ear loops to avoid contact with the ears. It can be made from a paperclip, shoelace or ribbon.



Masks with elastics

You may also consider sewing two buttons on a hat to help cochlear implants stay secure on the ears.

To remove the mask, unfasten from one side first slowly and avoid disturbing the sound processor. Repeat the same process on the other side.



Masks with elastics

A headband or sweatband can be used to secure your mask. Buttons can be sewn or glued on both sides of a sweat band or cloth head band. Simply hook the ear loops over the buttons. To remove, take one side off at a time, slowly. When using a hard head band, glue buttons on both ends of the head band to help keep the mask in place.